OF COMMITY RESOURCES



ABOUT OUR RESOURCE DIRECTORY . . .

We make every effort to insure that the information in this directory is accurate and current.

Please report any errors that you notice to 520-9286.

If you are aware of an agency or organization whose information should be included in this directory, please let us know.

Office on Youth & Human Services

201 James Avenue P O Box 3401

Colonial Heights VA 23834

http://www.colonialheightsva.gov/

804-520-9286 (Office)

804-524-8761 (Fax)

Updated January 2016

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ADOPTION SERVICES/FOSTER CARE

Catholic Charities of Richmond, Inc.

1512 Willow Lawn Drive Richmond, VA 23230 804-285-5900

www.cccofva.org

- Adoption placement, fee for regular adoption, reduced to no fee for special needs children
- Counseling and housing for pregnant teens
- > Foster care

Chesterfield/Colonial Heights Department of Social Services

9501 Lucy Corr Circle Chesterfield, VA 23832 804-748-1100

www.chesterfield.gov

- Adoption placement
- Foster care

Children's Home Society of Virginia

4200 Fitzhugh Avenue Richmond, VA 23230 804-353-0191

www.chsva.org

- Adoption placement; fee is based on sliding scale
- Pregnancy counseling at no charge
- > Foster care

Commonwealth Parenting Center

4121 Cox Road, Suite 101 Glen Allen, VA 23060 804-545-1272

www.commonwealthparentingcenter.org

Options to adoption service

Hopetree Family Services

3309 W Hundred Road Chester, VA (804) 201-9006

www.hopetreefs.org

Foster care

Jewish Family Services

6718 Patterson Avenue Richmond, VA 23226 804-282-5644

www.jfsrichmond.org

- Adoption placement; screening & training for adoptive parents; fee

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BABYSITTER REFERRAL SERVICES

American Red Cross, Southside Chapter

3267 South Crater Road, Suite A Petersburg, VA 23805 804-733-5711

www.southsidearea.redcross.org

Provides training to adults for teaching the Red Cross Babysitting Skills Course

CHILD ABUSE

Chesterfield/Colonial Heights Department of Social Services

P O Box 430 9501 Lucy Corr Circle Chesterfield, VA 23832 804-748-1100

www.chesterfield.gov

Adult and Child Protective Services

ChildSavers of Richmond

200 North 22nd Street Richmond, VA 23223 804-644-9590

www.childsavers.org

- Community-supported non-profit agency and is licensed by the State of Virginia Department of Mental Health, Mental Retardation & Substance Abuse services
- Offers services to children who have been through traumatic situations

Family Lifeline

2325 West Broad Street Richmond, VA 23230 804-282-4255

700 South Sycamore Street Petersburg, VA 23803 804-733-9961

www.family-lifeline.org

Offers intensive support to families in crisis

Prevent Child Abuse Virginia

2211 Dickens Road Richmond, VA 23230 804-359-6166; 1-800-children

www.pcav.org

- Prevention & treatment of child abuse and neglect
- Information & referrals

Virginia Child Abuse/Neglect Hotline

1-800-552-7096

SCAN – Stop Child Abuse Now

1506 Staples Mill Road Richmond, VA 23230 804-257-7226

www.grscan.com

- Offers family support
- Parenting program/parent support groups

ChildHelp USA National Child Abuse Hotline (24 hour hotline)

1-800-4-A-CHILD (422-4453)

1-800-2-A-CHILD (222-4453) - TDD for Hearing Impaired

- Provides multi-lingual crisis intervention and professional counseling on child abuse
- eg Cl ➤ Gives referrals to local social services groups offering counseling on child abuse.

CHURCHES

Calvary Baptist Church

17001 Jefferson Davis Highway Colonial Heights, VA 23834 804-526-0981 www.burdensarelifted.com

Church of Christ

601 Cameron Avenue Colonial Heights, VA 23834 804-526-5286 www.welcome.to/camave

Church of Jesus Christ of Latter Day Saints

501 Compton Road Colonial Heights, VA 23834 804-526-3091

Church of the Nazarene

601 East Ellerslie Avenue Colonial Heights, VA 23834 804-526-6920

Colonial Christian Church

295 Dunlop Farms Boulevard Colonial Heights, VA 23834 804-520-4988 www.colonialchristianchurch.com

Colonial Heights Assembly of God

P O Box 516 16801 Harrowgate Road Colonial Heights, VA 23834 804-526-7000

Colonial Heights Baptist Church

17201 Jefferson Davis Highway Colonial Heights, VA 23834 804-526-0424

Colonial Heights Presbyterian Church

211 Lynchburg Avenue Colonial Heights, VA 23834 804-526-0929 www.colonialheightspres.org

Faith Baptist Church

1226 West Roslyn Road Colonial Heights, VA 23834 804-526-8189

Highland United Methodist Church

125 East Westover Avenue Colonial Heights, VA 23834 804-526-3870 www.highlandumchurch.net

Immanuel Baptist Church

620 Lafayette Avenue Colonial Heights, VA 23834 804-526-3276 www.ibc4family.com

Ivey Memorial United Methodist Church

17120 Jefferson Davis Highway Colonial Heights, VA 23834 804-525-1350

Mount Pleasant Baptist Church

3110 Greenwood Avenue Colonial Heights, VA 23834 804-526-0816 www.mpbclife.com

St. Ann's Catholic Church

17111 Jefferson Davis Highway Colonial Heights, VA 23834 804-526-2548 www.stanncc.com

St. Michael's Episcopal Church

501 Old Town Drive Colonial Heights, VA 23834 804-526-1790 www.stmikeschurch.org

Wesley United Methodist Church

3701 Conduit Road Colonial Heights, VA 23834 804-526-3700 www.wesleyumc.com

Woodlawn Baptist Church

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CIVIC ORGANIZATIONS

40 & 8 Chef de Gare Voiture 1530

15930 Happy Hill Road Colonial Heights, VA 23834 804-526-9644

AARP, Chapter 1041

902 Azalea Lane Colonial Heights, VA 23834 804-520-2082

ACCA Temple Shrine Center

3260 Longhorn Drive Colonial Heights, VA 23834 804-526-2222

Alzheimers Association

201 Temple Avenue, Suite E Colonial Heights, VA 23834 804-526-2359

American Legion, Post 284

505 Springdale Avenue, P O Box 57 Colonial Heights, VA 23834 804-526-4167 – building phone

American Legion Post 284 Auxiliary

505 Springdale Avenue, P O Box 57 Colonial Heights, VA 23834 804-526-4167 – building phone

Boy Scouts of America Pack 150

Wesley United Methodist Church 3701 Conduit Road Colonial Heights, VA 23834 804-526-3700

Boy Scouts of America Troop 160

304½ Temple Avenue (Scout Hut) Colonial Heights, VA 23834

Boy Scout Troop 184

Wesley United Methodist Church 3701 Conduit Road Colonial Heights, VA 23834

Colonial Heights Chamber of Commerce

201 Temple Avenue, Suite E Colonial Heights, VA 23834 804-526-5872

Colonial Heights Garden Club

1176 Cumberland Drive Colonial Heights, VA 23834 804-526-2736

Colonial Heights Historical Society

1000 Hope Ridge Court Colonial Heights, VA 23834 804-526-9616

Colonial Heights Lions Club

P O Box 151 Colonial Heights, VA 23834

Colonial Heights Moose, #1783

P O Box 253, 170 Moose Avenue Colonial Heights, VA 23834 804-526-1537 – building phone

Colonial Heights Optimist Club

P O Box 155, 916 Meridian Avenue Colonial Heights, VA 23834 804-526-0689 – building phone

Colonial Heights Rotary

P O Box 242 Colonial Heights, VA 23834

Colonial Heights Senior Club

P O Box 3401, 157 Roanoke Avenue Colonial Heights, VA 23834 804-520-9220-Community Center phone

Cub Scouts of America Pack 150

Wesley United Methodist Church 3701 Conduit Road Colonial Heights, VA 23834 804-526-3700

Kiwanis Club of Colonial Heights

P O Box 246 Colonial Heights, VA 23834

Mayor's Beautification Committee

200 Comstock Drive Colonial Heights, VA 23834

Parents Without Partners (Tri-Cities Chapter #116)

804-744-8006 www.parentswithoutpartners.org

Rosecrest Garden Club

96 Swift Creek Lane Colonial Heights, VA 23834 804-526-3874

Quarterback Club

P O Box 393 Colonial Heights, VA 23834 804-526-2070

SPCA of Petersburg & Colonial Heights

201 Temple Avenue, Suite E Colonial Heights, VA 23834 804-526-7722

Swift Creek Federated Woman's Club

P O Box 1017 Colonial Heights, VA 23834

Tri-City Coin Club

16609 Templeton Road Disputanta, VA 23842 804-732-2813

Veterans of Foreign Wars (VFW)

P O Box 67 Colonial Heights, VA 23834

Violet Bank Garden Club

1014 Germar Court

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COUNSELING SERVICES

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ACTS – Associates in Counseling & Therapeutic Services

205 Chesterfield Avenue Colonial Heights, VA 23834 804-526-7854

www.actservicesva.com

- Children, family, couples, individual therapy
- ➤ Intensive In-home

Adolescent Health Center

13821 Village Mill Drive Midlothian, VA 23114 804-794-8900 www.brightadolescent.com

- Medical evaluations & treatment
- Psychological services
- Educational assessments & vocational consultation
- Chemical dependency treatment

Associates in Counseling & Family Therapy

107 W. Ellerslie Avenue Colonial Heights, VA 23834 804-520-1655

- Children, family, couples, and individual therapy
- Psychological testing \(\)
- Domestic violence, anger management
- Some evening and some Saturday hours

Behavior & Stress Management Center, Inc.

3236 Boulevard, Suite B Colonial Heights, VA 23834 804-520-7500

Individual psychotherapy; adolescents, children, and adults

Big Brothers/Big Sisters

1707 Summit Avenue Richmond, VA 23230 804-261-4940

Mentor services for youth

Center for Counseling & Psychological Services

320 Charles H. Dimmock Parkway, Suite A Colonial Heights, VA 23834 804-520-5485

Counseling; individual, family, group, outpatient

Central Virginia Family Psychiatry

43 Rives Road Petersburg, VA 23805 804-732-1527

Psychological counseling, testing, and evaluations; individual, family & children

Chesterfield/Colonial Heights Comprehensive Services & Community Policy

P O Box 40 Chesterfield, VA 23832 804-751-4797

Counseling for families involved with Juvenile & Domestic Relations Court

Chesterfield/Colonial Heights Court Services/Family Counselor

9500 Courthouse Road Chesterfield, VA 23832 804-748-1372

- Mental health and substance abuse counseling
- Mental retardation services
- Psychiatric & psychological evaluations
- Family Life education classes

Chesterfield Support Services

P O Box 92 Chesterfield, VA 23832 804-748-1227

- Mental health and substance abuse counseling
- Mental retardation services
- Psychiatric & psychological evaluations
- Family Life education classes

Colonial Heights Counseling Services – District 19

3660 Boulevard, Suite A Colonial Heights, VA 23834 804-520-7210 804-732-5000 – Crisis line

- > Counseling, individual, family, group, outpatient
- Substance abuse counseling

Colonial Heights Health Department

200 Highland Avenue, P O Box 3401 Colonial Heights, VA 23834 804-520-9380

- Pregnancy testing, immunizations, WIC, well baby check ups.
- > Call for an appointment

Compassionate Friends

804-254-0588 – Richmond Area Answering Machine

Mutual support group for individuals who have experienced the death of a child

Dinwiddie Counseling Services – District 19

13902 Courthouse Road Dinwiddie, VA 23841 804-469-3746

Counseling, family, individual, marital, crisis

District 19, Community Services Board

20 West Bank Street Petersburg, VA 23803 804-862-8054

- Mental health services
- Drug-related service planning

Eating Disorders

CJW Medical Center-Chippenham Campus 804-323-8695

Support groups for people with eating disorders and their families

Good Neighbor Community Services

798 Southpark Boulevard Colonial Heights, VA 23834 804-520-8005

Counseling services

Grandparent Information Center (AARP)

601 East Street, NW Washington, DC 20049

➤ Provides information for grandparents raising grandchildren 1-888-OUR-AARP (687-2277)

The James House – Intervention and Prevention Services

Sexual and Domestic Violence Crisis Center

6610 Commons Drive Prince George, VA 23875 804-458-2704

804-458-2840 - 24-hour hotline

- Free and confidential services for those affected by sexual violence, domestic violence and stalking
- Competent staff is trained to work with diverse populations

Kids Count

3900 Chamberlayne Avenue Richmond, VA 23227 804-335-5997 or 804-264-2964

- Intensive in-home counseling
- Mental health skills building services

Morgan, Barbara M., LPC, Ph.D.

12007 Halifax Road
Petersburg, VA 23805
804-520-4166
Counseling for people 18 and older; individual, couples and families

National Runaway Switchboard

1-800-621-4000

- Resources to youth in crisis
- Referrals for both immediate and long-term services
- Operates 24 hours a day, 7 days a week

Oxbridge Counseling Services

10128 Hull Street Midlothian, VA 23112 804-276-5761 www.oxbridgecounseling.com

Psychological counseling and testing

Parents Without Partners – Tri-Cities Chapter #116

804-744-8006

Offers support to both custodial and non-custodial parents

Poplar Springs Hospital

350 Poplar Drive Petersburg, VA 23805 804-733-6874

- Psychiatric care
- Inpatient psychological testing; outpatient counseling
- Residential treatment for adolescents ages 11-21

Pregnancy Support Center of the Tri-Cities

700 South Sycamore Street, Suite 12 Petersburg, VA 23803

804-861-5433 - Help Line

804-861-5517 - Business

- Volunteer organization of women helping other women through the crisis of an unplanned pregnancy
- Agency does NOT refer for abortions

Resources for Independent Living

1845-A Fort Mahone Street Petersburg, VA 23805 804-862-9338

- Serves individuals with disabilities (age 14-adulthood)
- Teaches independent living skills

www.ril-va.org

RESPOND

Poplar Springs Hospital – 24 hour Help Line 804-796-2100

- Operates 24 hours a day, 7 days a week
- A free comprehensive community services providing 24-hour mental health crisis intervention, assessment, information, and referral assistance
- Offers referrals to outpatient or inpatient care based on need

Second Chances

2002-2004 Wakefield Avenue Petersburg, VA 23805 804-733-1180

- Intensive in-home counseling for youth and adults
- Mental health skill building services

VCU Adolescent Clinic – VCU Medical Center

1001 East Marshall Street – Children's Pavilion Richmond, VA 23298 804-828-9449

Comprehensive diagnosis and treatment for adolescents

Virginia Institute of Pastoral Care (VIPCARE)

2000 Bremo Road, Suite 105 Richmond, VA 23226 804-282-8332

- Pastoral counseling services
- > Satellite locations available

Virginia Treatment Center for Children

515 North 10th Street, P O Box 980489 Richmond, VA 23298 804-828-3129

- Child mental health services
- Clinical services to children & families

Waitkus & Associates, P.C., L.P.C

3606 Boulevard, Suite B Colonial Heights, VA 23834 804-526-9885

Counseling services

YWCA – Women's Advocacy Program

6 North Fifth Street Richmond, VA 23219 804-643-0888

- 24-hour hotline
- Crisis center for raped & battered women
- Counseling, shelters

DANCE INSTRUCTION/SCHOOLS

Angel DeSouza School of Dance

2108-B Boulevard Colonial Heights, VA 23834 804-520-0533

Dance Masters Phoenix

123 Pickwick Avenue Colonial Heights, VA 23834 804-520-8100 www.dancemastersstudios.com

East Coast Dance Company

6 Dunlop Village Colonial Heights, VA 23834 804-520-7799

Genia Johnson Dance Company

3301 Boulevard Colonial Heights, VA 23834 804-524-9391 www.expage.com/geniajohnsondancecompany

That Dance Place

2900 Cedar Lane Colonial Heights, VA 23834 804-520-1768

Traylor Dance Academy

408 Boulevard Colonial Heights, VA 23834 804-526-7585

DAY CARE/PRE-SCHOOL

Chester Child Development & Day Care Center

13600 Happy Hill Road Chester, VA 23831 804-748-4188

Community Christian Child Care Center

14611 Woods Edge Road Colonial Heights, VA 23834 804-530-1150

Discovery World Day Care

123 West Ellerslie Avenue Colonial Heights, VA 23834 804-520-1590

Evangel Christian Pre-School

16801 Harrowgate Road Colonial Heights, VA 23834 804-526-5944

The Goddard School

13036 Rivers Bend Boulevard Chester, VA 23831 804-530-0096

> Infants, toddlers, pre-school, after-school, pre-kindergarten, summer

Ivey Memorial United Methodist Church Day Care

17120 Jefferson Davis Highway Colonial Heights, VA 23834 804-526-6544

Mother's Day Out

Colonial Heights High School – Technical Center 3451 Conduit Road Colonial Heights, VA 23834 804-524-3405

Mount Pleasant Baptist Church Day

3110 Greenwood Avenue Colonial Heights, VA 23834 804-526-0816

Pre-school, before & after school care, summer program

New Beginnings Child Development Center

care Annual Levi III.

DISABILITY SERVICES

Association for Retarded Citizens, Inc. – Petersburg Area

114 North Union Street, Suite B Petersburg, VA 23803 804-732-0685

Advocacy, welfare, and social planning/information

Autism Program of Virginia

1400 Westwood Avenue Richmond, VA 23227 804-355-0300

Brain Injury Association of Virginia

1506 Willow Lawn Drive, Suite 112 Richmond, VA 23230 1-800-334-8443 or 804-355-5748

- > Offers information/referral to professional services for brain injured people
- Information dissemination and awareness education
- Telephone assistance & Support Group

Camp Baker Summer Camp

7600 Beach Road Chesterfield, VA 23838 804-748-4789

- Summer residential program for mentally retarded adults/children
- Offers recreational and development activities, respite care

Camp Virginia Jaycee, Inc.

2494 Camp Jaycee Road Blue Ridge, VA 24064 540-947-2972 800-865-0092

info@campvajc.org

- Residential camp for the mentally retarded
- Recreational activities, develop interpersonal relationships and social skills

Commonwealth of Virginia – People with Disabilities Board

1100 Bank Street, 7th Floor Richmond, VA 23219 804-786-0016

Community Center for the Deaf & Hard of Hearing

Catholic Charities 1512 Willow Lawn Drive Richmond, VA 23230 804-285-9632

- Provides services to the deaf and hearing impaired
- Community awareness of needs and abilities of deaf and hearing impaired

Easter Seals Society

8003 Franklin Farms Drive, Suite 100 Richmond, VA 23229 804-287-1007

www.va.easterseals.com

- Provides programs, services, consultation, advocacy, and education for children and adults with disabilities, their families, and their communities
- Special needs car seats for loan
- Stroke support groups
- Post-Polio support groups

Infant Prevention Program - District 19

20 West Bank Street, Suite 3 Petersburg, VA 23803 804-862-8049

- Resources for children ages birth-3 years who are at-risk or who are currently developmentally delayed
- Pediatric occupational therapy, physical therapy, and speech therapy
- Education and parent training

Multiple Sclerosis Society - Central Virginia

2112 West Laburnum Avenue, Suite 204 Richmond, VA 23227 804-353-5008

Muscular Dystrophy Association

8001 Franklin Farms Drive, Room 139 Richmond, VA 23288 804-285-2961

Office of Support Services – Colonial Heights Public Schools

3451 Conduit Road Colonial Heights, VA 23834 804-524-3445

Special education for blind, deaf, emotionally disturbed, learning disabled, mentally retarded, physically handicapped, and homebound instruction.

Parent Resource Center

Colonial Heights Schools 3451 Conduit Road Colonial Heights, VA 2 3834 804-524-3452

Resources for Independent Living

1845-A Fort Mahone Street Petersburg, VA 23805 David Bolter, Tri-Cities Coordinator 804-862-9338

- Serves individuals with disabilities (age 14-adulthood)
- > Teachers independent living skills

www.ril-va.org

Richmond Area Association for Retarded Citizens (ARC)

1901 Westwood Avenue Richmond, VA 23227 804-358-1874

Social Security Administration

100 Poplar Drive Petersburg, VA 23805 804-862-6080

- Retirement insurance, governmental
- Medicare insurance/supplemental survivors insurance
- Financial aid to disabled/SSI, to aged/SSI, to the blind/SSI
- Disability benefits, governmental

Southside Sheltered Workshop, Inc.

3267 South Crater Road Petersburg, VA 23805 804-861-3018

- Sheltered or homebound employment
- > Training to maximize independence

Southside Virginia Training Center

West Washington Street Petersburg, VA 23803 804-524-7000 804-524-4448

- Occupational therapy
- Inpatient services include physical, speech, recreational therapy, and psychological testing
- Special education and vocational training for the mentally challenged

Special Olympics – Area 16

3212 Skipwith Road Richmond, VA 23294 804-726-3032

- > Events include softball, basketball, skiing, swimming, track and field, and bowling
- Recreational, instruction/coaching, physical fitness, volunteer recruitment program

Department of Rehabilitative Services

2795 South Crater Road, Suite 1 Petersburg, VA 23805

- Pre-job guidance, vocational counseling, job placement/referral, financial aid for transportation
- Inpatient care; medical testing, outpatient disability determination; psychiatric care; outpatient counseling
- Medical goods and equipment, hearing aids

Virginia Protection & Advocacy Office

1910 Byrd Avenue Richmond, VA 23230 804-225-2042

Provides legal advice, advocacy, technical assistance, information and referral

DOMESTIC VIOLENCE/HOMELESS SHELTERS

C.A.R.E.S. (Crisis Assistance Response Emergency Shelter)

Resource Center 804-733-5500

118 East Washington Street
Petersburg, VA 23803

Food Pantry and Service Center 804-861-6191

120 East Washington Street
Petersburg VA 23803

- ➤ Women and Children's Crisis Shelter (age limit for boys)
- Emergency housing; placement for evicted; housing for distressed travelers

The James House - Intervention and Prevention Services

6610 Commons Drive Prince George, VA 23875 804-458-2704 804-458-2840 – 24 hour hotline

- Free and confidential services for those affected by sexual violence, domestic violence, and stalking
- Competent staff is trained to work with diverse populations

YWCA Women/Children Domestic Violence Shelter

804-796-3066

> Women and their children can find emergency shelter from domestic violence

EDUCATION/SCHOOLS

City of Colonial Heights Public Schools

Administrative Office Dr. Joseph Cox, Superintendent 512 Boulevard Colonial Heights, VA 23834 804-524-3400

Elementary (Kindergarten – Grade 5)

Lakeview Elementary School

401 Taswell Avenue Colonial Heights, VA 23834 804-524-3435

North Elementary School

3201 Dale Avenue Colonial Heights, VA 23834 804-524-3430

Tussing Elementary school

5501 Conduit Road Colonial Heights, VA 23834 804-524-3440

Middle/Secondary (Grades 6-8)

Colonial Heights Middle School

500 Conduit Road Colonial Heights, VA 23834 804-524-3420

High School (Grade 9-12)

Colonial Heights High School

3600 Conduit Road Colonial Heights, VA 23834 804-524-3405

GED Information

www.vaged.vcu.edu

Colonial Heights Vo-Tech Center

3451 Conduit Road Colonial Heights, VA 23834 804-524-3405

Community Day School (Alternative Education for Grades 6-12)

515 Conduit Road Colonial Heights, VA 23834 804-524-3444

Parenting Classes

Active Parenting of Teens – offered by Office on Youth

520-9286

Court referral

Positive & Practical Parenting – offered by Petersburg DSS

733-1880

Religious

Broadway Christian School

301 North 15th Avenue Hopewell, VA 23860 804-458-5370

Kindergarten – Grade 12

Evangel Christian School

16801 Harrowgate Road Chester, VA 23831 804-526-5941

www.evangelchristian.com

Pre-School – Grade 12

Restoration Christian & Military Academy

1617 Boulevard Colonial Heights, VA 23834 804-526-2009

Pre-School – Grade 4

Robert A. Lewis Christian School

300 Poplar Drive Petersburg, VA 23805 804-732-4733

➤ Kindergarten – Grade 8

Rock Church Academy

2301 County Drive Petersburg, VA 23803 804-733-3973, Ext. 2 www.rockchurchacademy.org

Pre-School through Grade 12; Before & After School Care; Summer Camp; Sports

St. Joseph's Catholic School

123 Franklin Street Petersburg, VA 23803 804-732-3931

Pre-School – Grade 8

West End Christian School

1600 Atlantic Street Hopewell, VA 23850 804-458-6142

Pre-School – Grade 12

Woodlawn Presbyterian Christian Pre-School

1201 Blackstone Avenue Hopewell, VA 23860 804-452-3240 ➤ 3 & 4 year olds

Schools with Special Academic Education

Bermuda Run Educational Center

455 Old Wagner Road Petersburg, VA 23805 804-863-2191

Blandford Manor – Specialized House Services of Virginia, Inc.

230 S. Crater Road Petersburg, VA 23803 804-733-2180

Read Center

2000 Bremo Road, Suite 102 Richmond, VA 23226 804-288-9031

- Helping adults learn to read or read more proficiently
- Satelite Offices

Tri-City Literacy Council

1766 Flank Road Petersburg, VA 23805 804-862-9262

Program to help adults learn to read

The Lead Center, Ltd.

401 East Broadway Hopewell, VA 23860 804-452-3730

Elementary and secondary special education day school

Colleges/Universities

Atlantic Baptist Bible College

500 Baptist Drive Chester, VA 23836 804-530-1311 www.abbc.edu

John Tyler Community College – Chester Campus

13101 Jefferson Davis Highway Chester, VA 23831 804-796-4000

Richard Bland College

11301 Johnson Road Petersburg, VA 23803 804-862-6100 ➤ 2 year college

Southside Regional Medical Center School of Registered Nursing

200 Medical Park Boulevard Petersburg, VA 23805 765-5800

Southside Regional Medical Center School of Radiation Sciences

200 Medical Park Boulevard Petersburg, VA 23805 804-765-5883

Virginia State University

P O Box 9018 Petersburg, VA 23805 804-524-5000

Libraries

Appomattox Regional Library

245 East Cawson Street Hopewell, VA 23660 804-861-0322

Colonial Heights Public Library

1000 Yacht Basin Drive Colonial Heights, VA 23834 804-520-9384

Petersburg Public Library

201 West Washington Street Petersburg, VA 23803 http://www.ppls.org/ 804-733-2387

Rodof Sholom Branch

1865 South Sycamore Street Petersburg, VA 23805 804-733-2393

Other Training Schools

Colonial Driving School

103 Highland Avenue Colonial Heights, VA 23834 804-526-2197

Tri-City Driving School

1910 Boulevard Colonial Heights, VA 23834 804-526-7796

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EMPLOYMENT/VOLUNTEER OPPORTUNITIES

American Red Cross, Southside Chapter

3297 South Crater Road, Suite A Petersburg, VA 23805 804-733-5711

- Disaster relief
- ➤ Health/safety/first aid/water safety classes

Colonial Heights High School Distributive Education

Technical Center 3451 Conduit Road Colonial Heights, VA 23834 804-524-3405

- On-the-job training
- Counseling
- ➤ Work experience

Job Corps

3600 West Broad Street Richmond, VA 23223 804-340-5540

- Youth training program
- > Ages 16-24, male & female

Manpower (Serves Tri-Cities)

7101 Forest Hill Avenue, Suite L Richmond, VA 23225 804-320-7404

> Placement assistance to older workers, youth, economically disadvantaged, and disabled applicants

Southside Regional Medical Center – Volunteer Services

200 Medical Park Boulevard Petersburg, VA 23805 804-765-5000

- Volunteer recruitment and placement
- Supervision provided

United States Military Recruiting

4004 Southpark Boulevard Colonial Heights, VA 23834 804-526-8072

Virginia Department of Rehabilitation Services

Chesterfield Office – 9503 Hull Street Road Richmond, VA 23235 804-674-2369

> Employment education & placement for the disabled

Virginia Employment Commission

The Crossing Shopping Center
5240 Oaklawn Boulevard
Hopewell, VA 23860
804-541-6548 – Job services and unemployment services
1-866-832-2363 – Claims and inquiries

Work Permits - Colonial Heights High School

3600 Conduit Road Colonial Heights, VA 23834 804-524-3405

> Information provided for applying for a work permit

FOOD PANTRIES

Central Virginia Foodbank, Inc.

1415 Rhoadmiller Street Richmond, VA 23220 804-521-2500 www.cvfb.org

Colonial Heights Food Pantry (for Colonial Heights residents only)

530 Southpark Boulevard Colonial Heights, VA 23834

FOOD DISTRIBUTION

Thursday 6:00 PM - 8:00 PM Friday 12:00 Noon - 2:00 PM

804-520-7117

Covenant Christian Fellowship

542 Southpark Boulevard Colonial Heights, VA 23834 526-8966

Immanuel Baptist Church

620 Lafayette Avenue Colonial Heights, VA 23834 804-520-7227

Richmond Friends of the Homeless

609 Jefferson Davis Highway Richmond, VA 804-608-0971

Lunch meal site Monday-Friday 12:00pm

St. Ann's Catholic Church

17111 Jefferson Davis Highway Colonial Heights, VA 23834 804-526-2548 – (Food bank used only with prior approval of CCHASM

HEALTH SERVICES

Adolescent & Family Health Center

13821 Village Mill Drive, Suite B Midlothian, VA 23114 804-794-8900

- > Medical evaluation & treatment
- Psychological services
- > Educational assessments
- Chemical dependency treatment
- Vocational consultation

Adolescent Health Services, MCV

Children Pavilion 1001 East Marshall Street, 3rd Floor Richmond, VA 23219 804-828-9449

Provides medical care to adolescents

Alzheimer's Association – Greater Richmond Chapter

4600 Cox Road, Suite 130 Glen Allen, VA 23060 804-967-2580

American Cancer Society

4240 Park Place Court Glen Allen, VA 23060

804-527-3700 www.cancer.org

Provides information, guidance & referral services

American Diabetes Association – Richmond Chapter

4335 Cox Road Glen Allen, VA 23060 804-225-8038

1-888-DIABETES www.diabetes.org

American Heart Association – Greater Richmond Area

4217 Park Place Court Glen Allen, VA 23060

804-747-8334 <u>www.americanheart.org</u>

American Lung Association of Virginia

9221 Forest Hill Avenue Richmond, VA 23235

804-267-1900 www.lungusa.org/virginia

Arthritis Foundation – Virginia Chapter

2201 West Broad Street, Suite 100 Richmond, VA 23230

804-359-1700 <u>www.arthritis.org</u>

Autism Society of America – Central Virginia Chapter

P O Box 29364

Richmond, VA 23242

804-527-0192 <u>www.asacv.org</u>

Children's Home Society of Virginia

4200 Fitzhugh Avenue Richmond, VA 23230 804-353-0191

- Pregnancy counseling for teens
- > Temporary foster care for infants
- Adoption Services

Children's Hospital

2924 Brook Road Richmond, VA 23220 804-321-7474

- Pediatrics health services
- Child and adolescent psychology
- Audiology and hearing services

Chippenham Hospital

7101 Jahnke Road Richmond, VA 23225 804-320-3911

Home health care; family center; heart program, joint rehabilitation center, psychiatric center, wellness program; respiratory care; and women's center

Colonial Heights Health Department

200 Highland Avenue Colonial Heights, VA 23834

➤ Health and safety information and education; immunizations; out-patient medical care; obstetrical and gynecological outpatient care; home health care; pregnancy testing; family planning; WIC program.

Crossover Clinic

2619 Sherbourne Road Chesterfield, VA 804-249-4004

Medical, vision, dental services

Downs Syndrome Association of Greater Richmond

P O Box 145 Richmond, VA 23218

www.dsagr.com

- > Family support groups and activities
- New parent resources

Fan Free Clinic

1010 North Thompson Street Richmond, VA 23221 804-358-6343

www.fanfreeclinic.org

- Provides medical treatment, health education, and social services
- Monday Friday, 10 am to 6 pm

Home Town Health Care

2001 Snead Avenue Colonial Heights, VA 23834 804-526-3600

- Home health care; personal services, private-duty nursing
- Therapy, medical, social work

John Randolph Hospital

411 West Randolph Road Hopewell, VA 23860 804-541-7795

Make-A-Wish Foundation – Central Virginia

2810 North Parham Road, Suite 302 Richmond, VA 23294 804-217-9474 804-234-9474

Grants the wishes of children with life-threatening medical conditions

March of Dimes – Virginia Chapter

10128 West Broad Street, Suite A Glen Allen, VA 23060

www.marchofdines.com/virginia

- > Birth defects prevention & education program
- Educational materials for use in schools, health agencies & community groups

Muscular Dystrophy Association

8001 Franklin Farms Drive, Room 139 Richmond, VA 23229 804-285-2961

National Kidney Foundation of Virginia

1742 E. Parham Road Richmond, VA 23228 804-288-8342

www.kidneyva.org

Accepts old cars for donation (agency will pick up)

Pregnancy Support Center of the Tri-Cities

700 South Sycamore Street, Suite 12 Petersburg, VA 23803 804-861-5433

Crisis pregnancy counseling; individual counseling; free pregnancy testing; relationship/sexuality counseling for girls who have had an abortion; help with needs during and after pregnancy.

Richmond AIDS Network

Fan Free Clinic 1010 North Thompson Street Richmond, VA 23221 804-358-6343

www.fanfreeclinic.org

STD/HIV testing

Richmond Medical Center for Women

118 North Boulevard Richmond, VA 23173 804-359-5066

- Free pregnancy testing
- > First trimester therapeutic abortion

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HOTLINES/CRISIS LINES

Cancer

American Cancer Society

804-527-3700 – Local line 1-800-227-2345 www.cancer.org

- Referral to support groups
- Family and Patient Services, financial assistance, transportation

Association for the Support of Children with Cancer

804-828-1531

www.askweb.org

Provides social, emotional, and financial support for children with cancer and their families.

Cancer Information Service

1-800-4-CANCER (422-6237)

Child Abuse

ChildHelp USA National Abuse Hotline

1-800-4-A-CHILD (422-4453)

1-800-2-A-CHILD (222-4453 – TDD for hearing impaired

Provides multilingual crisis intervention and professional counseling on child abuse. Gives referrals to local social service groups offering counseling on child abuse. Operates 24 hours a day, 7 days a week

Virginia Child Abuse/Neglect Hotline

1-800-552-7096

Domestic Violence

The James House – Intervention and Prevention Services

804-458-2840 - 24 hour hotline

Free and confidential services for those affected by sexual violence, domestic violence, and stalking

National Domestic Violence/Child Abuse/Sexual Abuse

1-800-799-SAFE (799-7233)

1-800-787-3224 (TDD for hearing impaired

Provides crisis intervention and referrals to local services and shelters for victims of partner or spousal abuse. English and Spanish speaking advocates, as well as 24-hour access to translator for approximately 150 languages. Operates 24-hours a day, 7 days a week.

Virginia Family Violence & Sexual Assault

1-800-838-8238

YWCA Domestic Violence Hotline

804-796-3066 - Chesterfield

Elder Abuse

Elder Abuse Hotline

1-800-252-8966

HIV/AIDS/STDs/Infectious Diseases

CDC Information

1-800-232-4636

Richmond AIDS Network (Fan Free Clinic)

804-358-6343 804-358-6838 – Clinic Services

www.fanfreeclinic.org

- ➤ HIV/AIDS Hotline
- Provides medical treatment, health education and social services

Rape/Sexual Assault/Dating Violence

The James House – Intervention and Prevention Services

804-458-2704 (English & Spanish Speaking)

RAINN National RAPE & Sexual Assault Crisis Hotline

1-800-656-4673

Sexual Assault Hotline – John Randolph Women's Center

804-458-2704

Teen Help Line (dating violence/date rape)

1-866-331-9474

Runaway/Missing/Exploited Children

Child Find of America Hotline

1-800-I-AM-LOST (426-5678)

➤ Looks for missing and abducted children. Operators are available 9 am to 5 pm EST Mon. – Fri. Voicemail on evenings and weekends with calls returned.

Missing Children's Network

1-800-235-3535

National Hotline for Missing & Exploited Children

1-800-843-5678

➤ Hotline for reporting missing children and sightings of missing children. Offers assistance to law enforcement agents.

National Runaway Switchboard

1-800-621-4000

- Provides crisis intervention and travel assistance to runaway, 24 hours/7 days
- Provides information and local referrals to adolescents and families.

Parent Abduction Hotline

1-800-292-9688

Provides crisis mediation and resolution

Substance Abuse/Alcoholism

Al-Anon & Al-A-Teen

804-861-2620, local line

www.va-al-anon.org

- 24 hours a day, 7 days a week answering service
- Al-Anon for families and friends of problem drinkers
- ➤ Al-A-Teen for teens of problem drinkers
 - Meetings times listed on phone

Alcoholics Anonymous

804-452-1959 – local line www.alcoholics-anonymous,org

Support group offering alcoholism rehabilitation through peer group counseling using the "12 Steps of Rehabilitation", ages 12 and up

Boys Town National Hotline

1-800-448-3000

<u>Suicide</u>

National Suicide Prevention Lifeline

1-800-784-2433

Provides crisis intervention; English & Spanish speaking advocates

Youth

National Hopeline Network (Youth Crisis Hotline)

1-800-442-HOPE (442-4673)

Provides counseling and referrals to local drug treatment center, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse.

Other Lines

Alzheimer's Association

1-800-272-3900

American Council for the Blind

1-800-424-8666

American Diabetes Association

1-800-DIABETES (342-2383) www.diabetes.org

American Heart Association (Greater Richmond Area)

804-747-8334

American Lung Association

1-800-LUNG-USA *586-4872 www.lungusa.org/virginia 804-267-1900 – local line

American Parkinson's Disease Association (main headquarters)

1-800-223-2732

www.apdaparkinson.org

Richmond Metro Chapter – 804-261-5201

American Red Cross – Southside Chapter

804-733-5711

www.southsidearea.redcross.org

Arthritis Foundation

1-800-568-4045

www.arthritis.org

Virginia Chapter

804-257-0192

Autism Society of America

1-800-3AUTISM (328-8476)

www.autism-society.org

Central Virginia Chapter

804-257-0193

www.asacv.org

Big Brothers/Big Sisters Services, Inc.

804-541-8208

www.bigbrobigsis.com

CASA (Court Appointed Special Advocates)

1-800-628-3233

www.nationalcasa.org

- > Trained volunteers advocate for children in court
- Focus is on child abuse/neglect

District 19 Crisis Line

804-862-8000

Down Syndrome Association of Greater Richmond

804-796-5141

www.dsagr.com

- > Family support groups and activities
- New parent resources

Feeding America – National Food Bank Network

1-800-771-2303

Gamblers Anonymous

1800-522-4700

www.gamblersanonymous.org

Make-A-Wish Foundation

1-800-722-WISH (722-9484)

Grants the wishes of children with life-threatening medical conditions
 Central Virginia Make-A-Wish Foundation

800-276-1999

www.vawish.org

March of Dimes – Virginia Chapter

804-968-4120

www.marchofdimes.com/virginia

- Birth defects prevention and education programs
- Educational materials for use in schools, health agencies, community organization

Meals on Wheels

804-673-5035

www.mealsonwheelsonline.com

Meals provided for homebound adults (Mon. – Fri.)

Mothers Against Drunk Driving (MADD) – Richmond Chapter

804-278-9063

www.madd.org

National Kidney Foundation

1-800-622-9010

www.kidney.org

National Kidney Foundation of Virginia

804-288-8342

1-800-KIDNEY8 (543-6398

www.kidneyva.org

(Kidney Foundation of Virginia accepts donation of old cars; will pick up)

National Multiple Sclerosis Society

1-800-FIGHT-MS (344-4867)

www.nmss.org

Central Virginia Chapter

804-353-5008

www.nmss-centralva.org

Parents Without Partners

Poison Control

1-800-222-1222 – TDD Accessible (for any kind of substance)

ion Army
804-732-8449

Salvation Army

www.salvationarmyusa.org

- > Financial aid for rent/utilities
- > Food gift closet, meals clothing gift closet

Salvation Army's Men's Shelter, Petersburg

433-1688

Salvation Army Central Intake

INFORMATION & REFERRAL SERVICES

Colonial Heights Office on Youth & Human Services

201 James Avenue Colonial Heights, VA 23834 804-520-9286

For youth and family related issues

Physician Referral Network – 800-888-3627

Jerral S. Colonidal History and Colonidal Hi United Way of Southside Virginia (Information & Referral Services)

LEGAL SERVICES

12th District Court Service Unit

550 Boulevard Colonial Heights, VA 23834 804-520-9355

Better Business Bureau

720 Moorefield Park Drive, Suite 30 Richmond, VA 23236 804-548-0016

- Investigates citizen complaints with business regarding ethics
- On-line service

CASA (Court Appointed Special Advocates)

9457 Amberdale Drive Richmond, VA 23236 804-276-7660

- Advocates for children who are in court cases involving child abuse/neglect
- Training for volunteers for Chesterfield and Colonial Heights

Central Virginia Legal Aid Society

2006 Wakefield Street Petersburg, VA 23805 862-2205

- Legal assistance to low-income individuals and families
- Legal problems related to domestic violence

Chesterfield/Colonial Heights Juvenile Detention Center

9700 Krause Road Chesterfield, VA 23832 804-748-1460

Serves youth to age 17

Crater Juvenile Detention Center

6102 County Drive Petersburg, VA 23803 804-732-3803

Crisis intervention/secure shelter

Victim Witness Assistance Program

Colonial Heights Courts Building 401 Temple Avenue Colonial Heights, VA 23834 804-520-9258

A outlin Matter in Assists persons who have been victims and witnesses of crime

RECREATION

American Family Fitness

501 East Roslyn Road Colonial Heights, VA 23834 804-520-7000

- Fitness center, exercise equipment, aerobics, water aerobics
- Babysitting available
- Membership fee

Blackwater Outdoor Experiences

13821 Village Mill Drive, Suite B Midlothian, VA 23114 804-378-9006

- For families facing medical, education, vocational, social, and psychological problems
- ➤ Therapeutic outdoor programs
- Serves ages 10-26 years old

Boy Scouts of America – Heart of America Council

4015 Fitzhugh Avenue Richmond, VA 23230 804-355-4306

Scout troops, recreational services, instruction, physical fitness, camping, supervision

Camp Baker

7600 Beach Road Chesterfield, VA 23838 804-748-4789

- Summer camping during June-August for special needs campers
- Weekend camping/respite care year round
- Daily rehabilitation
- Day care facility
- Facility can be rented

Chester Skateland

2300 Southland Drive Chester, VA 23831 804-748-0379

- Recreational skating for all ages, lessons
- Admission fee, skate rental available, snack bar

Chesterfield County Challenge Course

Chesterfield Parks & Recreation (fee) Located at Camp Baker 7600 Beach Road Chesterfield, VA 23836 804-748-1129

- Outdoor physically challenging course with series of high and low obstacles
- Whole or half day experience

Chesterfield County Museum

P O Box 40 Chesterfield, VA 23832 804-768-7811

- Opened Tuesday-Friday, 10 am to 4 pm; Saturdays, 10 am to 2 pm
- Exhibit of artifacts depicting history of the county from prehistoric times into the 21st Century
- > Free Admission, however donations are welcomed

Children's Museum of Richmond

2626 West Broad Street Richmond, VA 23220 804-474-7000

www.c-mor.org

- ➤ Hands-on participatory experiences in the arts for children and their families
- Exhibits, classes, workshops, performances, and special events

Chippokes Plantation State Park

Surry County, VA 23883 757-294-3625

- > 1,680 acres of open spaces
- Nature trails, swimming
- Recreational programs

Colonial Heights Department of Recreation & Parks

901 Meridian Avenue Colonial Heights, VA 2 3834 804-520-9390

- Social/recreational activities
- Ball fields, tennis courts, public parks
- Community Center

Colonial Heights Optimist Club

916 Meridian Avenue Colonial Heights, VA 23834 804-526-0689

- Volunteer service group
- Youth fellowship activities

Colonial Heights Soccer Association

804-526-9675 - Soccer Hotline

- Organized soccer teams for boys and girls of all ages
- Promotes sportsmanship
- > Fee for participants

Colonial Heights Swim & Yacht Club

1225 Duke of Gloucester Street Colonial Heights, VA 23834 804-526-3578

- Membership required with fee
- Youth Swim Team

Colonial Heights Youth Advisory Council (YAC)

P O Box 3401 Colonial Heights, VA 23834 804-520-9289

Recreational activities, education, youth fellowship, leadership development

Girl Scout Service Center (Commonwealth Girl Scouts)

7300 Hanover Green Drive Mechanicsville, VA 23111 804-746-0590

- Program levels include Daisy, Brownie, Junior Girl Scouts; Serves girls ages 5-18
- Education, career exploration, addresses contemporary issues

Historic Petersburg – Tourist Information Center

City of Petersburg Museums 15 West Bank Street Petersburg, VA 23803 804-733-2402

Magnolia Grange Museum House

10020 Iron Bridge Road Chesterfield, VA 23832 804-796-1479

Interpretations on life on an 1822 plantation in Chesterfield and beyond.

Math, Science & Innovation Center

2401 Hartman Street Richmond, VA 23223 804-343-6525

- > Enrichment programs in math and science
- Weekday and Saturday classes
- > Summer program
- Local schools contract with Center for special summer and Saturday programming

Museum of the Confederacy & White House of the Confederacy

1201 East Clay Street Richmond, VA 23219 804-649-1861

- Both Museum and White House are open on Monday Saturday, 10 am to 5 pm; Sunday Noon – 5 pm
- Fee for Museum and Guided Tours of the White House of the Confederacy

Old Blandford Church

319 South Crater Road Petersburg, VA 23803 804-733-2400 Or 804-733-2396

- Tourist attraction on Petersburg Tour
- > Church contains original *Tiffany* windows
- Civil War Cemetery in addition to regular cemetery

Peak Experience

11421 Polo Circle Midlothian, VA 22112 804-897-6800

Rock climbing experience with qualified instructors

Petersburg Area Art League

7 East Old Street Petersburg, VA 23803 804-861-4611

- > Art classes, exhibits
- Special events

Petersburg National Battlefield (National Park Services)

1539 Hickory Hill Road Petersburg, VA 23803 804-732-3531

- Self-guided tour of Civil War Battlefield
- > Fee to enter National Park

Petersburg Symphony

19 Goodrich Avenue Petersburg, VA 23805 732-0999

➤ 60 member orchestra performing quality music at scheduled concerts

Pete's Place (Colonial Heights Teen Center)

157 Roanoke Avenue Colonial Heights, VA 23834 804-524-8717

- Special program for middle and high school students
- Game Room; Computer Room
- Supervised by Recreation Department staff

Pocahontas State Park

10301 State Park Road Chesterfield, VA 23838 804-796-4255

- Located 4 miles south of Chesterfield Courthouse off Beach Road in Chesterfield County
- Public swimming, nature trails, camping sites, canoeing, concession stand
- Summer concerts

Prince George County Regional Heritage Center

6406 Courthouse Road Prince George, VA 23875 804-863-0212

- Open Thurs. Sun., 1:00-4:00 pm
- Group tours arranged on other days & times
- Treasures and artifacts of Prince George County on display
- County History Time-Line

Science Museum of Virginia & Universe Planetarium and IMAX

2500 West Broad Street Richmond, VA 23220 804-864-1400

- Museum & planetarium
- IMAX Theater
- Open Tuesday Saturday, 9:30 am 5:00 pm (Open on some Holiday Mondays); Sundays, 11:30 am – 5:00 pm – Fee

Sherwood Hills Swim Club

1033 Forestview Drive Colonial Heights, VA 23834 804-526-9793

- Family and individual swimming
- > Youth swim team
- Special social events for members
- > Members only with paid membership fee

Siege Museum

City of Petersburg 15 West Bank Street Petersburg, VA 23803 804-733-2404

- Confederate Museum fee
- Open daily 9:00 am 5:00 pm, Sunday, 12:30 5:00 pm

St. Michael's Episcopal Church Youth Group

Episcopal Youth Community – "EYC" 501 Old Town Drive Colonial Heights, VA 23834 804-526-1790

- Youth fellowship, activities, and Christian education
- Member of the Episcopal Diocese of Southern Virginia

Southpark Regal Cinemas 16

Southpark Mall Colonial Heights, VA 23834 804-524-0930

- Multi-cinema theater
- Gift certificates available
- ➤ Kids' summer movies

Swaders Sports Park

4725 Whitehill Boulevard Prince George, VA 23875 804-733-3700

www.swaders.com

- Miniature golf, Go-karts, driving range, batting cages, laser tag
- Clubhouse available for birthday or corporate parties
- > Fee

Swift Creek Mill Playhouse

17401 Jefferson Davis Highway Colonial Heights, VA 23834 804-748-5203

- Dinner theater; presents live theater productions
- Summer theatre camp
- Admission fee
- ➤ Gift certificates available

The Bowling Alley

2237 Boulevard Colonial Heights, VA 23834 804-526-3862

Bowling/ Recreational leagues

Valentine Richmond History Center

1015 East Clay Street Richmond, VA 23219 804-649-0711

- Open Tuesday Saturday, 10:00 am 5:00 pm; Sunday, Noon 5:00 pm
- Special programs and activities; programs for schools
- ➤ Gift Shop
- > Café Richmond

Wesley United Methodist Church Youth Group

3701 North Conduit Road Colonial Heights, VA 23834 804-526-3700

> Youth fellowship, activities and Christian education

YMCA of Chester

3011 West Hundred Road Chester, VA 23831 804-748-9622

- Youth sports, youth center, after-school program; summer camp program
- Swimming, gymnastics, adult fitness, nautilus fitness center, special interest classes

YMCA of Southside Virginia

120 North Madison Street Petersburg, VA 23803 804-733-9333

- ➤ Health/safety information and education
- > First Aid classes
- Basketball, physical fitness, swimming, recreational instruction, coaching, weight control
- > Day camp

RESIDENTIAL FACILITIES

Battlefield Park Convalescent Center

250 Flank Road Petersburg, VA 23805 804-861-2223

Nursing Home, immediate care

Brookfield, Inc.

10187 Brook Road Glen Allen, VA 23859 804-266-7631

- > Residential home serving adolescents
- Works with families during crisis situations

C.A.R.E.S. (Crisis Assistance Response Emergency Shelter)

Resource Center 804-733-5500 118 East Washington Street Petersburg, VA 23803

Food Pantry and Service Center 804-861-6191 120 East Washington Street Petersburg VA 23803

- Women and Children's Crisis Shelter (age limit for boys)
- Emergency housing; placement for evicted; housing for distressed travelers

Central State Hospital

P O Box 4030 Petersburg, VA 23803 804-524-7000

- Psychiatric care
- > Inpatient alcohol abuse treatment
- Crisis intervention

Children's Home of Virginia Baptists, Inc.

6900 Hickory Road Petersburg, VA 23803 804-590-2080

- Child caring institution
- > Foster care
- Group home for children placed by Social Services

Eleventh House

205 North Boulevard Richmond, VA 23220 804-355-8735

- Residential Home
- Foster care
- Counseling for pregnancy, vocational, individual, and group
- Medicaid accepted

Elk Hill

1975 Elk Hill Road Goochland, VA 23063 804-457-4866

www.elkhill.org

- Residential Home for Adolescent Boys
- Day School
- Girls' Group Home

Jackson Field Home for Girls

546 Walnut Grove Drive Jarratt, VA 23867 434-634-3217

- Residential Home for Girls
- Education
- Counseling

Little Keswick School

P O Box 24 Keswick, VA 22947 434-295-0457

www.littlekeswickschool.net

On campus school for boys, age 10-17; serving students with learning disabilities, social deficits, emotional problems, depression, Bipolar Disorder, Tourette's,
 Asperger's, Oppositional Defiant Disorder, Pervasive Development Disorder

Lutheran Family Services

130 Research Drive, Suite 300 Hampton, VA 23666 757-722-4707

www.lfsva.org

- Adoption and foster care services
- Family preserving using counseling and training
- Educates special needs students in unique learning environments

Lutheran Family Services of Virginia – Richmond Regional Office

2000 West Club Lane Richmond, VA 23226 804-288-0123

Statewide adoption service

New Dominion School

P O Box 540 Dillwyn, VA 23936 434-983-2051

- Residential placement for boys ages 11-18
- > Private school on grounds with level program and positive peer counseling

Oak Hill Academy

2635 Oak Hill Road Mouth of Wilson, VA 24363 276-597-2619

www.oak-hill.net

- Boarding school for boys and girls in grades 8-12
- Nurturing and structured environment/college preparatory courses

Patrick Henry Boys & Girls Home

Brookneal, VA 24528 804-376-2006

- Accepts children ages 1-17 years old
- Emphasis on interpersonal skills

Poplar Springs Hospital

350 Poplar Drive Petersburg, VA 23805 804-796-2100

www.poplarsprings.com

Serves adolescents ages 11-17 with emotional, behavioral neuro-psychiatric, psychological problems, and those affected by physical and sexual abuse

Presbyterian Homes & Family Services, Inc.

150 Linden Avenue Lynchburg, VA 24503 434-384-3131 or 1-800-881-0087

- Traditional residential home for children ages 5-18
- Emergency 30-day care for children ages 2-12

St. Joseph's Villa

8000 Brook Road

Richmond, VA 23227 804-553-3200

- > Respite care for profoundly handicapped
- Residential child care, special care, special education for ages 9-19
- Help to Homeless Families

Timber Ridge School

P O Box 3178 Winchester, VA 22604 540-888-3456 877-877-3004

Physical Address is 1463 New Hope Road, Cross Junction, VA 22625

- Licensed residential treatment and accredited education program
- Serves young males (ages 12-17) with a history of serious emotional, learning and/or behavior difficulties
- Shapes boys by providing a safe & supportive environment
- Advocates for their needs.

United Methodist Family Services

3900 West Broad Street Richmond, VA 23230 804-353-4461

- Customized treatment plans (accepts Medicaid)
- Family Group Decision-making
- Adoption/Foster Care
- Day Treatment; In-Home
- > Treatment Center for Males, who are sexual abusers
- Mentoring

Virginia Home for Boys & Girls

8716 West Broad Street Richmond, VA 23294 804-270-6566

- Residential Facility Alternative School
- Offers counseling, medical and dental care, tutorial assistance
- Special education for emotionally disturbed or learning disabled
- Social Service placement

Virginia Treatment Center for Children (on Campus of VCU Medical Center)

515 North 10th Street Richmond, VA 23298-0489 804-826-3129

- Offers broad range of mental health services for school age children age 17
- Occupational therapy; art/music therapy
- Inpatient and outpatient programs

Volunteer Emergency Families for Children (VEFC)

P O Box 35074 Richmond, VA 23235 804-379-7767

SHELTERS/FOOD/CLOTHING

American Red Cross (Disaster Relief)	804-733-5711
C.A.R.E.S. Shelter (Women & Children, Domestic Violence/Homeless)	804-861-0849
C.A.R.E.S. Food Center (Food Program)	804-861-6191
Colonial Heights Food Pantry (CH Residents)	804-520-7117
Covenant Christian Church Food Pantry	804-526-8966
Freedom House Community Shelter (Richmond)	804-648-4177
Salvation Army Men's Shelter	804-861-0561
Salvation Army (Food, Clothes, Rent & Utilities Assistance)	804-732-8449
YWCA (Domestic Violence Shelter)	804-796-3066
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SOCIAL SERVICES

American Red Cross – Southside Chapter

3267 South Crater Road, Suite A Petersburg, VA 23805 804-733-5711

www.southsidearea.redcross.org

- Disaster relief
- ➤ Health/safety/first aid classes

Braley & Thompson, Inc.

320-C Charles H. Dimmock Parkway Colonial Heights, VA 23834 804-526-6044

Provides in-home foster care services for children with emotional/behavioral problems

Chesterfield/Colonial Heights Alliance for Social Ministry (CCHASM)

4317 School Street Chester, VA 23831 804-796-2749

- Provides emergency financial and food assistance must meet requirements
- Women's Career Clothes Closet

Chesterfield/Colonial Heights Christmas Mother

P O Box 430 Chesterfield, VA 23832 804-748-1183

- Offers assistance to families in need during the holiday season
- Must qualify for help

Chesterfield/Colonial Heights Department of Social Services

P O Box 430 Chesterfield, VA 23832 804-748-1100

- Adult/child protective services, aid to dependent children
- Medical assistance program
- Food stamps, general relief

Colonial Heights Office on Youth & Human Services

201 James Avenue Colonial Heights, VA 23834 804-520-9286

- Information/referral for youth and families
- Delinquency prevention planning
- Programming includes:
 - o Community Service sites & supervision for court ordered youth
 - Shoplifting Diversion Program
 - Parenting Classes
 - Youth Advisory Council (leadership organization for teens)
 - Youth Services Commission (Council appointed board)
 - Kids' After-School Program for youth with academic or behavioral issues

Colonial Heights Youth Services Commission

201 James Avenue Colonial Heights, VA 23834 804-520-9286

- Advisory board appointed by City Council
- Youth development (assisted by Office on Youth)
- Needs assessment
- > Advocates for youth's needs

Colonial Heights YAC Shoe Fund

Office on Youth & Human Services
201 James Avenue
Colonial Heights, VA 23834
804-520-9286

- Provide shoe vouchers for children in need of new shoes
- Administered by Office on Youth through community donations

Goodwill Industries

1500 Boulevard Colonial Heights, VA 23834 804-520-7122

- Used clothing and household supplies for public sale
- Donations accepted

Salvation Army

Men's Shelter, 835 Commerce Street, Petersburg, VA 23803 861-0561 Thrift Store, 3229 South Crater Road, Petersburg, VA 23805 526-8558 Office – 1228 South West Street, Petersburg, VA 23803 804-732-8449

Financial aid for rent/utilities; Clothing, meals; Shelter

SCAN (Stop Child Abuse Now)

1506 Staples Mill Road, Suite 203 Richmond, VA 28230 804-257-7226

www.grscan.com

- Child Advocacy Center, offering family support
- Parenting programs
- Parent support group

Social Security Administration

100 Poplar Drive Petersburg, VA 23805 1-877-803-6322

- > Retirement insurance, governmental
- ➤ Medicare insurance/supplemental survivors insurance
- Financial aid to disabled/SSI
- Financial aid to aged/SSI
- Financial aid to the blind/SSI
- Disability benefits, governmental

Society for the Prevention of Cruelty to Animals (S.P.C.A.)

201 Temple Avenue Colonial Heights, VA 23834 804-526-7722

- Pet health/protection
- Community information/education
- > Referrals
- Donations are welcomed

SUBSTANCE ABUSE SERVICES

Local

Al-Anon & Al-A-Teen

804-861-2620

- > 24 hour a day, 7 days a week answering service
- Weekly support group for family members, relatives, or friends of persons suffering from alcoholism

Alcoholics Anonymous

804-452-1959 - HOT LINE

- Support group offering alcoholism rehabilitation through peer group counseling using the "12 Steps of Rehabilitation"
- For ages 12 and up
- Hotline can give you places and times for meetings

District 19 Community Services Board

20 West Bank Street Petersburg, VA 23803 804-862-8054

Mental health services and drug-related service planning

National

Alcohol Hotline Support & Information

1-800-331-2900

Boys Town National Hotline

1-800-448-3000

Federal Substance Information Treatment & Referral Hotline

1-800-662-4357

- Information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem.
 - Hotline operates 24 hours a day, 7 days a week

Focus on Recovery (Eating Disorders & Substance Abuse Referrals)

1-800-234-0246

SUPPORT GROUPS/CLASSES

Adolescent & Children's Support Group

804-458-2704

The James House – Intervention & Prevention Services

- For youth ages 7-17
- Survivors of rape, incest, sexual assault, family violence, or dating violence

Anger Management Support Group

804-452-3282

> Call John Randolph Medical Center for meeting dates and times

Bi-Polar Support Group

541-7747 or 452-3277

Call John Randolph Medical Center for meeting dates and times

Cancer Support Group

804-452-3340

Call John Randolph Medical Center for meeting dates and times

Comfort Zone Camp

804-840-6454

<u>www.ComfortZoneCamp.org/Grief-Resources</u> - online registration forms <u>www.supportgroups@comfortzonecamp.org</u> - information on program

- Groups available for children and teens, ages 5-17 who have experienced the death of a parent, sibling or primary care giver
- Groups facilitated by trained grief counselors
- Groups for adults, who have lost a spouse or child

Compassionate Friends

804-458-3895

- Meets at John Randolph Medical Center, Hopewell
- For those who have lost a child, regardless of the age of the child

Divorce Care – Colonial Heights Baptist Church

804-526-0424

- Ongoing support group for those separated, divorced or going through divorce
- Meets Wednesdays at CH Baptist Church, 6:50 pm

Divorce Recovery Workshop

First Baptist Church 2709 Monument Avenue Richmond, VA 23220

www.FBCRichmond.org

804-358-4548, Ext 132

- Support groups for people going through separation/divorce
- Workshops offered (for adults, children and teens with child care available)

Grief & Bereavement

804-452-3282

- Meets at John Randolph Medical Center, Hopewell
- Designed to help those experiencing a loss (8 week series)

Grief Share - Colonial Heights Baptist Church

804-526-0424

- Meets Wednesdays at CH Baptist Church, 6:50 pm
- For anyone who has lost a loved one through death

M.A.D.D. (Mothers Against Drunk Driving)

804-278-9063

Parent's Heart - Grief Support Group

804-314-2927

aparentsheart@comcast.net

House of Prayer Church 10500 Newby's Bridge Road Chesterfield, VA 23832

- Meets on second Monday, 7:00 pm
- For parents who have lost a child